



Puerperium Period Care Based on Entrepreneurship Through Empowerment of Posyandu Cadres in Kebon Kelapa 1 and 2 Village, Puskesmas Merdeka Area, Centra Bogor Sub-District, Bogor City

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Abstract.Background : Puerperium period is a vulnerable period for mothers, around 60% of mother's death happens after giving birth and almost 50% of mother's death happens 24 hours after giving birth. Incompetence of family in taking decision is one of the cause of late rescue. Therefore, the role of mothers and the closest people are needed, for example midwives, cadres and families to assist mothers during puerperium. This assistance aims to help fulfill the needs of the puerperium and early detection (simple) to prevent complications of the puerperium.

Methods : The methods used in this training are brainstorming, role play, questions and answers, lectures, simulations and exercises. Full assistance when practicing it directly to clients (postpartum mothers) is carried out once by each cadres. Cadres training activities are conducted in 2 semesters, which consists of 15 activities in one semester. The core material of the training consists of 3 sub-topics given @ 4 hours / activity / week. Participants who participated in the training were 2 cadres per Posyandu. There were 13 Posyandu so that there were 26 participants.

Results : Activities carried out for 2 semesters with achievement of activities and attendance of 100%. Compilation of materials and modules for community service according to the topics. All partners increased in value from pre test to post test, and the final value of partners is 79-86, with an average score of 82. The creation of planning services and equipments for postpartum care.

Conclusion : This training increasing entrepreneurship through empowerment of posyandu cadres

Introduction

Puerperium period is a vulnerable period for mothers, around 60% of mother's death happens after giving birth and almost 50% of mother's death happens 24 hours after giving birth. Incompetence of family in taking decision is one of the cause of late rescue. Therefore, the role of mothers and the closest people are needed, for example midwives, cadres and families to assist mothers during puerperium. This assistance aims to help fulfill the needs of the puerperium and early detection (simple) to prevent complications of the puerperium. So that, Program Studi Kebidanan Bogor will implements a comprehensive care model including information on breastmilk and breastfeeding, maternal care, infant care, early

detection of danger signs of postpartum, and recovery of physical health.

Methods

The material of this training are baby oil, stainless bowl, breast pump, olive oil, and mattress.

The methods used in this training are brainstorming, role play, questions and answers, lectures, simulations and exercises. Full assistance when practicing it directly to clients (postpartum mothers) is carried out once by each cadre. Training Period: cadres training activities are conducted in 2 semesters, which consists of 15 activities in one semester. The core material of the training consists

of 3 sub-topics given @ 4 hours / activity / week. Participants who participated in the training were 2 cadres per Posyandu. There were 13 Posyandu so that there were 26 participants.

Results and Discussion

The activities were successfully carried out with indicators compiled topics are successfully delivered on time, the presence of partners in the delivery of the topics and practices was 100%, all partners increased in value from pre test to post test, and the final value of partners is 79-86, with an average score of 82, this activities continue directly to the community, some partners have applied their skills (at least 1 skill), cadres get additional incomes / incomes by providing care for postpartum mothers and infants.

Conclusion

Conclusions are: activities carried out for 2 semesters with achievement of activities and attendance of 100%, compilation of materials and modules for community service according to the topics, increased knowledge about postpartum care and the start of entrepreneurship on cadres, the creation of planning services and equipments for postpartum care, successfully increasing cadres' income.

Recommendations are: the cadre's active participation is expected to practice the skills that have been obtained directly to the community, the supports are needed from related health workers, especially midwives, to socialize to postpartum mothers that there are post partum care services that cadres can provide, this activity can be sustainable if supported by the relevant government and local agencies.

Competing Interest

The authors of this paper have no competing interest to report.

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